**Best Books, Blogs and Broadcasts**

***Selected material recommended for ICER mentors/mentees***

***Last updated 02 March 2020***

**Life – meaningful contribution, philosophy:**

* “*Don't sweat the small stuff*", by Richard Carlson
* “*The road less travelled*”, by M. Scott Peck
* “*How to discover your strengths*”, by Buckingham and Clifton
	+ A practical book, and offers the opportunity to see ourselves in a different way
* “*Things fall apart*”, by Chinua Achebe
* “*Meditations*”, by Marcus Aurelius
	+ Yes, as in Marcus Aurelius Roman Emperor!
* “*The human side of enterprise*”, by McGregor
* “*Emotional intelligence*”, by Daniel Goleman
* “*Give and take: why helping others drives our success*”, by Adam Grant
* *“A 5-step recipe for achieving more life success”*, an article by Michelle L. Casto
* *“The greatest sales man in the world” by Og Mandino*
* *“The Bell Jar” by Sylvia Plath*
* *“Becoming” by Michelle Obama*
* *Please understand me - David Keirsey and Marilyn Bates*
* *Bullshit Jobs: A Theory by David Graeber*

**Inspiration and Change**

* “*How to live before you die*”, a [TED Talk](https://www.ted.com/talks/steve_jobs_how_to_live_before_you_die) by Steve Jobs
* “*Whatcha gonna do with that duck?: and other provocations, 2006-2012*”, by Seth Godin
* “*Live your dreams*”, by Les Brown
* “*The Alchemist”,* by Paulo Coelho
* “*The monk that sold his ferrari*”, by Robin Sharma
* *"Tuesdays with Morrie" by Mitch Albom*
* *“Mindset: The New Psychology of Success*”, by Carol Dweck
* *“Who moved my cheese?”* by Spencer Johnson
	+ Fun read on how to anticipate, adapt to and enjoy change
* [*The Change*](http://www.thechangeblog.com/)
	+ Blog with stories of people who seek to create positive and lasting change.
* [*Moving people to action*](https://conorneill.com)
	+ Online articles and tools by Conor Neill on career, leadership and communication
* The Magic of Thinking Big, David J. Schwartz
* Awaken the Giant Within : How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny! Tony Robbins
* Bounce Back from your Setback, John Maxwell

**Career:**

* *How to find and do the work you love* [*TEDx Talk*](https://www.youtube.com/watch?v=jpe-LKn-4gM) *by Scott Dinsmore*
	+ Advice and free career tools on his free online [*Live your Legend*](http://liveyourlegend.net/) website
* “*Lean In*”, book by Sheryl Sandburg
* “*The First 90 days*”, by Michael Watkins
	+ Practical, and great for new managers
* [*Success*](http://www.success.com/success-blog)
	+ This blog is a guide for personal and professional development through inspiration, motivation and training.
* *“The trusted advisor”* by David Maister, Charles Green and Robert Galford
	+ The authors use anecdotes, experiences, and examples - successes and mistakes – to demonstrate the paramount importance of trust.
* *“Getting to Yes”* by Roger Fisher and William Ury is
	+ For anyone just starting out, this is the negotiation bible.
* “*Nice Girls Don’t Get the Corner Office: 10 unconscious mistakes women make that sabotage their careers*” book by Lois Frankel
* “Can we ‘have it all’?” Ted x talk by Anne-Marie Slaughter
* First, Break All the Rules - Marcus Buckingham
* “Everyone needs a mentor”, David Clutterbuck
* Business Strategy and Strategy Execution, Jeroen De Flander

**Learning and Analysis:**

* “*Eight TED Talks to understand climate change*”, [TED Talks](https://www.climaterealityproject.org/blog/eight-ted-talks-understand-climate-change)
* [*LearnOutLoud*](http://www.learnoutloud.com/contents/LearnOutLoud.com-Podcasts/9/21)
	+ Podcasts on a range of topics
* [*My University*](http://www.mruniversity.com/)
	+ Online Economic courses
* [*Finimize Bulletin*](https://www.finimize.com)
	+ Redesigning finance for the new generation. Understand today's financial news within 3 minutes.
* [*The Hidden Brain*](https://www.npr.org/podcasts/510308/hidden-brain) *– a podcast that helps curious people understand the world*
* MAZZUCATO, Mariana (2013). “[Government – investor, risk-taker, innovation”. TEDGlobal](https://www.ted.com/talks/mariana_mazzucato_government_investor_risk_taker_innovator%3E.).
* [*Khan Academy*](http://www.khanacademy.org/)
	+ Learn Maths, Science, Grammar, Mathematics, Coding skills free online
* “*Freakonomics: A Rogue Economist Explores the Hidden Side of Everything*”, book by Steven Levitt and Stephen Dubner
* *“Tesla: Inventor of the Modern*”, book by Richard Munson.
* “*Energy at the Crossroads: Global Perspectives and Uncertainties*”, book by Vaclav Smil
* “*Fundamentals of Energy Regulation*” book by Jonathan Lesser
* “*Principles of Public Utility Rates*” book by James Bonbright
* “Electricity Storage in North America” blog/article by Kraske, Zamenek, Ren, and Pavlov.
* “Should Ratepayers Fund Innovation" article by Coyne, Yardley and Pryciak
* [*Video*](https://www.learnliberty.org/videos/regulating-monopolies-history-electricity-regulation/)**:** Regulating Monopolies: A History of Energy Regulations - Learn Liberty
* Florence School of Regulation [online resources](https://fsr.eui.eu/)
* [Cornwall Insight](https://www.cornwall-insight.com/) Newsletter
* Thinking Fast and Slow, Daniel Kahneman.
* Principles of Public Utility Rates (Bonbright),
* Energy Law and Policy (Kaiser and Heggie)
* Power system economics (Steven Stoft)
* The NEM: A case study in successful microeconomic reform (KMPG report for the Australian Energy Market Commission)

**Leadership:**

* “*The 7 habits of Highly Effective People*”, by Stephen Covey
	+ Excellent for younger leaders/potential leaders
* “*Act like a leader, think like a leader*”, by Herminia Ibarra
* “*Why we have too few women leading*”, [Ted Talk](https://www.youtube.com/watch?v=18uDutylDa4) by Sheryl Sandberg
* “So we leaned in… now what”, interview on her TED Talk by Sheryl Sandburg
* “*On Becoming a Leader*”, by Warren Bennis
* “*Influencer: The New Science of Leading Change*”, by Grenny, Patterson, Maxfield, McMillan & Switler
* “*The 48 Laws of Power*”, by Robert Greene and Joost Elffers
* “*Everyday Leadership*”, a [TED Talk](https://www.ted.com/talks/drew_dudley_everyday_leadership) by Drew Dudley.
* “*Dare to Lead*” by Brene Brown
* Blog, <https://letsgrowleaders.com/blog-2/>
* Radical Candor by Kim Scott
* What makes a leader? (Daniel Goleman, Harvard Business Review)
* The EQ Leader: Instilling Passion, Creating Shared Goals, and Building Meaningful Organizations through Emotional Intelligence, Steven Stein

**Self Improvement:**

* *“Taking the stage-how women can speak up, stand out and succeed”* by Judith Humphrey
* “*Your body language shapes who you are*”, a [TED Talk](https://m.youtube.com/watch?v=Ks-_Mh1QhMc) by Amy Cuddy
* [*Work It Daily*](https://www.workitdaily.com/blog/)blog
* “*Deep Work: Rules for Focused Success in a Distracted World*”, book by Cal Newport
* The Leader Who Had No Title : A Modern Fable on Real Success in Business and in Life, Robin Sharma
* Emotional Intelligence (Daniel Goleman)
* Managing Oneself (Peter Drucker; Harvard Business Review)
* Getting things Done, David Allen

**Help us grow this list. Send your ideas to** **wie@icer-regulators.net**

**Contacts and further ICER WIE material:**

* E:mail: wie@icer-regulators.net
* ICER WIE Website: <http://icer-regulators.net/women-in-energy/about-women-in-energy/>
(where About WIE initiative information can be found, WIE Stories and WIE Webinars)
ICER E-mentoring Website: <http://icer-regulators.net/women-in-energy/e-mentoring-program/>
(where videos, journal and other resources can be found).
* ICER Women in Energy (restricted) [LinkedIn group](https://www.linkedin.com/groups/5117692): <https://www.linkedin.com/groups/5117692>
* ICER (public) LinkedIn page: <https://www.linkedin.com/company/icer-regulators/>
* Twitter: [@IcerWomen](https://twitter.com/IcerWomen)